

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 12 (Warmup 4.05 - 5.05)

Event 408 Men 12 & Over 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 6 of 6 Finals Starts at 05:15 PM

1	Mistry, Manav	18	Swansea Uni	16:43.03	___
2	Neaves, Archie	20	Swansea Uni	16:26.20	___
3	Bamborough, Jack	17	Co Cardiff	16:21.10	___
4	Sargeant, Alexander	23	Swansea Uni	15:16.20	___
5	Trebilcock, Thomas	22	Swansea Uni	15:43.47	___
6	Parsons, Joseph	18	Co Cardiff	16:21.70	___
7	Harris, Daniel	18	Swansea Uni	16:30.60	___
8	Twigger, Owen	16	Swansea Aq	16:45.10	___

Event 401M Women 100 LC Meter Breaststroke (MC Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 05:34 PM

1					___
2					___
3	%Pilkington, Laura SB5	28	Edinburgh Un/12, +, 3, 5	NT	___
4	%Semonella, Gavina SB14	17	Wycombe Dist	NT	___
5	%Humphrey, Eliza SB11	20	Swansea Uni/TB	NT	___
6					___
7					___
8					___

Event 401 Women 12 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 05:36 PM

1	Needs, Rebecca	13	TauntonDeane	1:24.36	___
2	Van Zyl, Kiara	13	Co Cardiff	1:22.94	___
3	Parry, Abigail	12	Nofio S Gar	1:21.38	___
4	Jones, Aimee	13	Okehampton	1:19.74	___
5	Bloomer, Molly	13	Hackney	1:21.14	___
6	Lawn, Gayle	12	Torfaen D	1:22.35	___
7	Roberts, Rosie	13	Torfaen D	1:23.98	___
8	Dev, Sophia	12	Teddington	1:24.72	___

Heat 2 14-15 Finals Starts at 05:39 PM

1	Flanagan, Evelyn	15	Mt Kelly	1:20.81	___
2	Simons, Georgia	14	Hackney	1:19.69	___
3	Matthews, Elin	15	Co Cardiff	1:19.47	___
4	Hubbard, Tilly	14	TauntonDeane	1:14.89	___
5	Kilby, Sophie	15	Mt Kelly	1:18.00	___
6	Dowling, Abigail	14	Co Cardiff	1:19.66	___
7	Sneddon, Anna	15	Caradon	1:20.62	___
8	Sundsbo, Klara	14	Hackney	1:20.86	___

Heat 3 16-17 Finals Starts at 05:42 PM

1	Turner, Jaz	16	Caradon	1:23.39	___
2	Smith, Amelia	17	Co Cardiff	1:22.10	___
3	Owen, Kessie	17	Neath	1:19.31	___
4	Daw, Alexandra	16	Okehampton	1:14.94	___
5	Evans, Gwenllian	16	Co Cardiff	1:15.04	___
6	Robinson, Scarlett	17	Ulverston	1:20.23	___
7	Gardener, Hannah	16	Bridgend Cty	1:22.41	___
8	Goddard, Amy	16	Rct Squad	1:23.53	___

Alternates 16-17

1	Johnson, Poppy	16	Holywell	1:24.81	
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Heat 4 Super Final Finals Starts at 05:44 PM

1	Gibson, Mari	17	Co Cardiff	1:13.74	___
2	Huellou, Claire	20	Swansea Uni	1:12.71	___
3	Brassington, Sophie	19	Swansea Uni	1:11.96	___
4	Crowley, Amy	20	Co Cardiff	1:09.94	___
5	Taylor, Theodora	16	Torfaen D	1:10.56	___
6	Riggott, Amelia	21	Mt Kelly	1:12.36	___
7	Stephenson, Ruby	18	Swansea Uni	1:13.64	___
8	Major, Scarlet	22	Swansea Uni	1:14.09	___

Event 402 Men 12 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 05:47 PM

1	Watkins, Dylan	13	Torfaen D	33.46	___
2	De Haan, Charlie	12	Holywell	32.88	___
3	Stemson, Seth	13	Okehampton	32.41	___
4	King, Ethan	13	Penyrheol	30.90	___
5	Jenkins, Rhys	12	Co Cardiff	31.43	___
6	Higgs, William	13	Caradon	32.51	___
7	Williams, Heath	13	Wrexham	33.45	___
8	Mrozinski, Michal	13	Conwy	33.86	___

Alternates 12-13

1	Dixon, Jamie	13	Okehampton	34.03	
2	Hughes, Fraser	13	Rhondda	34.19	

Heat 2 14-15 Finals Starts at 05:49 PM

1	Linge, Reece	14	EllesmereCSA	30.67	___
2	Miles, Harry	15	Co Cardiff	30.26	___
3	Opiniano, Nathaniel	15	Teddington	29.64	___
4	Thomas, Iolo	15	Neath	29.26	___
5	Major, Maximus	15	Torfaen D	29.29	___
6	Stothers, Alexander	14	Hackney	30.01	___
7	Elmes, Max	14	Nofio S Gar	30.54	___
8	Birdsall, Charlie	15	Co Cambridge	30.78	___

Alternates 14-15

1	Hernandez Taylor, Boaz	14	Hackney	30.89	
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Heat 3 16-17 Finals Starts at 05:52 PM

1	Webster, Benjamin	17	Okehampton	29.82	___
2	Brown, Layton	17	Nuneaton	29.70	___
3	Mills, Ioan	16	Torfaen D	29.11	___
4	Edwards, Ross	16	Co Cardiff	28.21	___
5	Walker, Freddie	17	EllesmereCSA	28.73	___
6	Foster, Henry	16	Redditch	29.16	___
7	Atherton, Morgan	16	Nuneaton	29.70	___
8					___

Heat 4 Super Final Finals Starts at 05:54 PM

1	Tovey, Xander	15	Millfield	27.42	___
2	Sadberry, Jack	21	Swansea Uni	26.97	___
3	Knight, Jack	22	Co Cardiff	26.39	___
4	Dietz, Fritz	21	Okehampton	25.74	___
5	Turner, Harry	26	Swansea Uni	26.27	___
6	Hollinsky, Gideon	20	Swansea Uni	26.54	___
7	Morgan, Dominic	20	Swansea Uni	27.26	___
8	Johnstone, Daniel	18	Swansea Uni	27.44	___

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Meet Program - Session 12 (Warmup 4.05 - 5.05)

Event 403M Women 100 LC Meter Butterfly (MC Final)

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals Starts at 05:57 PM				
1				___
2				___
3				___
4	%Webb, Saskia S14	18	Pembs Cty	NT ___
5	%Lawn, Pippa S14	15	Torfaen D	NT ___
6				___
7				___
8				___

Event 403 Women 12 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 06:00 PM				
1	Morgan, Millie	13	Teddington	1:11.91 ___
2	Davies, Isla	12	Nofio S Gar	1:10.95 ___
3	Berner, Iyla	12	Nofio S Gar	1:09.36 ___
4	Sweet-Roberts, Pip	13	Torfaen D	1:07.00 ___
5	Ashby, Helena	13	TauntonDeane	1:08.65 ___
6	Meenagh, Mai Van	13	Co Cardiff	1:09.39 ___
7	Matthews, Catrin	12	Co Cardiff	1:11.02 ___
8	Tovey, Lyra	13	Mt Kelly	1:12.55 ___

Alternates 12-13

1	Searle, Natalie	12	Teddington	1:13.34 ___
2	Thomas, Manisha	13	Hackney	1:13.81 ___

Heat 2 14-15 Finals Starts at 06:02 PM

1	Synowiec, Amelia	15	Conwy	1:10.35 ___
2	Lee, Edith	15	Co Cardiff	1:08.23 ___
3	Hill, Emma	14	Teddington	1:07.59 ___
4	Andrews, Joanne	15	EllesmereCSA	1:04.96 ___
5	Daniel, Megan	15	Caradon	1:05.68 ___
6	Bennett, Isla	14	Co Cardiff	1:08.20 ___
7	Hall, Emily	15	Warrington W	1:09.94 ___
8	Tejedo, Lola	14	Co Cardiff	1:10.40 ___

Heat 3 16-17 Finals Starts at 06:05 PM

1				___
2	Hughes-Rolls, Ava	16	Torfaen D	1:10.76 ___
3	Schumm, Libby	16	Torfaen D	1:07.07 ___
4	Owen, Gracie	17	Torfaen D	1:04.60 ___
5	Faulkner, Ella	16	EllesmereCSA	1:06.81 ___
6	Baker, Piper	17	Teddington	1:09.76 ___
7	Jones, Myia	17	Wrexham	1:12.87 ___
8				___

Heat 4 Super Final Finals Starts at 06:07 PM

1	Deakin, Ellena	17	Teddington	1:03.95 ___
2	De Torres, Rebecca	21	Co Cardiff	1:03.84 ___
3	Morris, Ciara	23	Swansea Uni	1:03.50 ___
4	Harris, Medi	23	Swansea Uni	1:00.81 ___
5	Tallantyre, Seren	17	Morpeth	1:01.70 ___
6	Dickinson, Jessica	20	Swansea Uni	1:03.62 ___
7	Grant, Lucy	18	Swansea Uni	1:03.92 ___
8	Johnson, Charlotte	22	Swansea Uni	1:04.09 ___

Event 404 Men 12 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 06:09 PM				
1	Searle, Charles	12	Teddington	2:56.01 ___
2	Stemson, Seth	13	Okehampton	2:43.50 ___
3	Hughes, Freddy	13	Rct Squad	2:41.78 ___
4	Evans, Jake	13	Wrexham	2:33.30 ___
5	Jones, Spencer	13	Wrexham	2:40.13 ___
6	Lawrence, Nicholas	13	Nuneaton	2:43.15 ___
7	Nuttall, Harri	12	Rhyl Dolphin	2:48.60 ___
8				___

Heat 2 14-15 Finals Starts at 06:14 PM

1	Reece, Liam	15	Co Newport	2:29.36 ___
2	Williams, Dylan	14	Wrexham	2:26.21 ___
3	Gruffydd, Ned	15	Co Cardiff	2:21.44 ___
4	Biddick, James	15	Okehampton	2:12.84 ___
5	Cavill, Jack	15	Co Cardiff	2:21.34 ___
6	Scholes, James	15	Haslemere	2:24.24 ___
7	Goodey De Diego, Lucas	14	Guildford Ct	2:26.86 ___
8	Glanville, Harry	14	TauntonDeane	2:39.16 ___

Heat 3 Super Final Finals Starts at 06:18 PM

1	Cressey-Rodgers, Ioan	20	Nofio S Gar	2:11.52 ___
2	Chapman, Nathan	21	Swansea Uni	2:10.58 ___
3	Edwards, Dion	18	Swansea Uni	2:06.90 ___
4	Rodriguez, Antonio	21	Swansea Uni	2:01.33 ___
5	Sansome, Thomas	22	Wycombe Dist	2:04.18 ___
6	Pallant, Jack	21	Team Waveney	2:07.86 ___
7	Bradley, Mathew	19	Swansea Uni	2:10.79 ___
8	West, Dexter	16	Pembs Cty	2:11.63 ___

Event 405 Women 12 & Over 400 LC Meter IM

Lane	Name	Age	Team	Prelims
Heat 1 12-13 Finals Starts at 06:21 PM				
1	Lee, Seol Lucy	13	Co Cardiff	5:53.85 ___
2	Osele, Isabella	13	Hackney	5:46.64 ___
3	Scales, Eve	13	EllesmereCSA	5:41.44 ___
4	Lewis, Harriet	13	Co Cardiff	5:36.21 ___
5	Morgan, Millie	13	Teddington	5:40.48 ___
6	Mellor, Medi	13	Nofio Bangor	5:44.66 ___
7	Gray-Thomas, Jessica	12	Conwy	5:49.31 ___
8	Chauhan, Amber	13	Nofio Bangor	5:57.19 ___

Alternates 12-13

1	Elson, Caitlin	13	Wrexham	5:59.84 ___
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Heat 2 14-15 Finals Starts at 06:28 PM

1				___
2	Hall, Isabelle	14	Pembs Cty	5:57.45 ___
3	McFarlane, Una	14	Pembs Cty	5:52.20 ___
4	Ling, Olivia	15	Co Cardiff	5:29.26 ___
5	Bates, Molly	14	EllesmereCSA	5:30.95 ___
6	Macleod, Eilidh	14	Hackney	5:54.14 ___
7				___
8				___

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Meet Program - Session 12 (Warmup 4.05 - 5.05)

Heat 3 Super Final Finals (#405)

1	Lythgoe, Manon	16	Swansea Aq	5:24.38	___
2	Rees, Katie	27	Swansea Uni	5:13.62	___
3	Winstanley, Elin	16	Co Hereford	5:11.95	___
4	Brassington, Sophie	19	Swansea Uni	5:03.54	___
5	Gordon, Freya	16	Haslemere	5:03.55	___
6	Wheeler, Oriana	20	Swansea Uni	5:12.64	___
7	Mitchell, Abby	19	Swansea Uni	5:13.76	___
8	Thomas, Serenity	15	NofioGwynedd	5:26.02	___

Event 406M Men 100 LC Meter Freestyle (MC Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 06:42 PM

1					___
2					___
3	%Aaen, Bjorn-Sebastian S9	18	UniOfStirl/12, +	NT	___
4	%Carter, Oliver S10	25	UniOfStirl/+, 12	NT	___
5	%Read, William S14	17	Swansea Aq	NT	___
6					___
7					___
8					___

Event 406 Men 12 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 06:45 PM

1	Hughes, Freddy	13	Rct Squad	1:02.03	___
2	Neimanis-Kosarevs, D	13	Nuneaton	1:00.83	___
3	King, Ethan	13	Penyrheol	59.98	___
4	Jones, Sam	12	Co Cardiff	59.89	___
5	Staskus, Daniel	13	Millfield	59.97	___
6	Evans, Sam	13	Pembs Cty	1:00.36	___
7	Higgs, William	13	Caradon	1:01.73	___
8	Dixon, Jamie	13	Okehampton	1:02.85	___

Alternates 12-13

1	Watkins, Dylan	13	Torfaen D	1:03.00	___
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Heat 2 14-15 Finals Starts at 06:47 PM

1	Meilleur, Elliot	15	NofioGwynedd	57.50	___
2	Park, Reggie Samuel	15	Holywell	57.05	___
3	Douglas, Lucas	14	Atlantis	56.07	___
4	Tovey, Xander	15	Millfield	53.67	___
5	Major, Maximus	15	Torfaen D	55.53	___
6	Castillo, Airam	14	Co Cardiff	56.40	___
7	Morgan, Charlie	15	Teddington	57.49	___
8	Hewitt, Archie	15	Torfaen D	57.63	___

Alternates 14-15

1	Deacon, Cameron	15	Co Cardiff	58.03	___
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Heat 3 16-17 Finals Starts at 06:49 PM

1	Walker, Freddie	17	EllesmereCSA	55.66	___
2	Sochovsky, Max	16	Millfield	55.05	___
3	Owen, Vinnie	17	Co Cardiff	54.19	___
4	Mruk, Lucas	17	Torfaen D	52.90	___
5	Silverstone, Solomon	16	Pembs Cty	54.01	___
6	Lennon, Danny	17	Wrexham	54.61	___
7	Ghetu, Marcu	17	Harrogate	55.53	___
8	Webster, Benjamin	17	Okehampton	55.96	___

Heat 4 Super Final Finals Starts at 06:52 PM

1	Armon, Jacob	22	Swansea Uni	51.57	___
2	Robinson, Harry	21	Crawley	51.46	___
3	Williams, Josh	23	Swansea Uni	51.14	___
4	Jones, Dan	29	Swansea Uni	49.50	___
5	Gillett, Oliver	18	Swansea Uni	50.63	___
6	Knight, Jack	22	Co Cardiff	51.19	___
7	James, Harley	20	Co Cardiff	51.48	___
8	Davies, Evan	19	Co Cardiff	51.66	___

Event 407M Women 200 LC Meter Freestyle (MC Final)

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Finals Starts at 06:54 PM

1					___
2					___
3	%Semonella, Gavina S14	17	Wycombe Dist	NT	___
4	%Williams, Rose S14	17	Co Cardiff	NT	___
5	%Webb, Saskia S14	18	Pembs Cty	NT	___
6	%Philpott, Lowri S14	14	Nofio S Gar	NT	___
7					___
8					___

Event 407 Women 12 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Prelims
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Heat 1 12-13 Finals Starts at 06:58 PM

1	Sweet-Roberts, Pip	13	Torfaen D	2:20.12	___
2	Berner, Iyla	12	Nofio S Gar	2:17.13	___
3	Reasons, Darcy	13	Torfaen D	2:16.53	___
4	Donaldson, Evie	13	Co Newport	2:16.05	___
5	Ashby, Helena	13	TauntonDeane	2:16.40	___
6	Sherrard, Alex	13	Torfaen D	2:17.00	___
7	Klak, Nina	13	Co Newport	2:18.45	___
8	Roberts, Rosie	13	Torfaen D	2:20.23	___

Alternates 12-13

1	Davies, Sophia	13	Co Cardiff	2:21.06	___
2	Lawn, Gayle	12	Torfaen D	2:21.97	___

Heat 2 14-15 Finals Starts at 07:02 PM

1	Allen, Isabel	14	Co Cardiff	2:15.86	___
2	Davies, Mae	15	Rtw Monson	2:13.36	___
3	Andrews, Joanne	15	EllesmereCSA	2:12.41	___
4	Griffiths, Cerys	15	Pembs Cty	2:09.93	___
5	Teggarty-Sparks, Ida	14	Teddington	2:11.89	___
6	Jones, Liberty	15	TauntonDeane	2:12.71	___
7	Hands, Ava	14	Nuneaton	2:15.40	___
8	Devin, Erin	15	Wrexham	2:15.89	___

Alternates 14-15

1	Richards, Faith	15	Co Cardiff	2:17.23	___
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Heat 3 16-17 Finals Starts at 07:05 PM

1					___
2	Baker, Sophie	16	Teddington	2:15.61	___
3	Wayman, Chloe	17	Teddington	2:12.54	___
4	Gordon, Freya	16	Haslemere	2:09.81	___
5	Titchener, Megan	17	Torfaen D	2:10.01	___
6	Slinn, Esme	16	EllesmereCSA	2:13.36	___
7	O'Mahoney, Kaitlin	17	Bridgend Cty	2:16.61	___
8					___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025
Meet Program - Session 12 (Warmup 4.05 - 5.05)

Heat 4 Super Final Finals (#407)

1	Sutton, Rebecca	24	Swansea Uni	2:07.07	___
2	Higgs, Meghan	17	Millfield	2:06.84	___
3	Harris, Medi	23	Swansea Uni	2:03.94	___
4	Podger, Jessica	24	Bath Univ	2:02.08	___
5	Taylor, Theodora	16	Torfaen D	2:03.66	___
6	Davies, Sophie	18	Millfield	2:04.21	___
7	Patterson, Millie	19	Swansea Uni	2:07.05	___
8	Broder, Libby	19	Birm'ham Uni	2:08.90	___